

University of Novi Sad Faculty of Agriculture



ANTIMICROBIAL ACTIVITY OF GARLIC (A. SATIVUM L.) AGAINST SALMONELLA ENTERITIDIS AND STAPHYLOCOCCUS AUREUS

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INTRODUCTION – Salmonella Enteritidis





Salmonella Enteritidis is a serotype of Salmonella enterica subsp. enterica which is, together with Salmonella Typhimurium, most frequently associated with human illness





INTRODUCTION - Salmonella Enteritidis

- Common source of infection: contaminated eggs and poultry meat
- Disease:
 - Gastrointestinal
 - Bacteriemia and meningitis



• Asymptomatic carriers!!!

INTRODUCTION – Staphylococcus aureus



Gram-positive, ubiquituous cocci

STAPHYLOCOCCU

AUREUS

- Neisseria meningitidis
- Haemophilus influenzae
- Streptococcus agalactiae
- Listeria monocytogenes

Otitis media -

- Streptococcus pneumoniae

Pneumonia -

Community-acquired:

- Streptococcus pneumoniae
- Haemophilus influenzae
- Staphylococcus aureus Atypical:
- Mycoplasma pneumoniae
- Chlamydia pneumoniae
- Legionella pneumophila
- Tuberculosis
- Mycobacterium tuberculosis

Skin infections

Sexually transmitted diseases

-Eye infections

- Staphylococcus aureus
- Neisseria gonorrhoeae
- Chlamydia trachomatis

Sinusitis

- Streptococcus pneumor.
- Haemophilus influenzae

Upper respiratory tract infection

- Streptococcus pyogen
- Haemophilus influenza

Gastritis

- Helicobacter pylori

Food poisoning

- Campylobacter je
- Salmonella
- Shigella
- Clostridium
- Staphylococcus aureus
- Escherichia coli

- Urinarv tract infections

Diverse spectrum of human and animal diseases ranging from minor skin infections to life threatening conditions, such as pneumonia and meningitis

INTRODUCTION – Antimicrobial resistance

- Worldwide, number of reports on antimicrobial resistance in both human and animal bacteria is increasing
- The resistance develops as a consequence of:

Extensive prophylactic and therapeutic usage of antimicrobial drugs, often in subtherapeutic concentrations

Their administration as growth promoters in food animal production



INTRODUCTION – Antimicrobial resistance

 Consequently, antimicrobial-resistant bacteria in food animals may threaten the efficacy of human drugs



A need for an **alternative** approach!



Results of studies on complementary and alternative medicine practices suggest that introduction of plant extracts, such as garlic extract, in antimicrobial therapy may significantly decrease this emerging burden of drug resistance

INTRODUCTION – Allium sativum L.



Hardy annual monocotyledon plant, and one of the oldest cultivated vegetable crops

HERODOTOS

The earliest record of the medical properties of garlic and directions for its use come from historian Herodotus and Hippocrates

INTRODUCTION – Allium sativum L.

• Alicin!



Antibiotic

- Antidiabetic
- Hepatoprotective
- Antioxidant
 - **Anticancer?**





MATERIAL AND METHOD OF THE STUDY

• Bacteria:

- test sample consisted of 9 human isolates of *S. aureus* and 13 isolates of *S. Enteritidis*
- Bacterial suspensions in saline (6x10⁸ cfu/ml, the 2nd scale according to McFarland) were made for the inoculation of Muller-Hinton agar





• Garlic extract:

- winter garlic *(Allium sativum var. vulgare)* cloves were immersed in 75% alcohol and rinsed with water
- Crude garlic extract was obtained using mechanical compression of the cloves



MATERIAL AND METHOD OF THE STUDY

• Disk-diffusion method:

• On each inoculated plate, three filter papers (R=6mm) were placed:

- 1. Concentrated garlic extract
- 2. **50% solution of the extract**
- 3. Sterile distilled water (control)
- Plates were incubated for 20h on 37°C



Test was set in 3 replications

Results were analysed in Statistica 10 software

	Average inhibition zones of bacteria (mm)		
Extract concentration	S. aureus	S. Enteriditis	p-Value
100%	21.6	21.4	0.940
50%	12.1	11.6	0.815







- According to the European Food Safety Authority (EFSA) and European Centre for Disease Prevention and Control (ECDC), a statistically significant **decrease in the number of human salmonellosis cases** was observed in the EU
- On the other hand, an increase in antimicrobial resistance of this pathogen is being reported worldwide
 - In Serbia, resistant strains of *S. Eteritidis* have been confirmed in both human and animal samples!



- Salmonella serotype with the lowest antimicrobial resistance seems to be *S. Enteritidis*
- Fortunately, resistance to the critically important antimicrobials for human medicine, cefotaxime (a third-generation cephalosporin) and ciprofloxacin (a fluoroquinolone) is , **currently**, relatively low

• In staphylococci, the methicillin-resistance is considered to be the most significant form of antimicrobial resistance



Until recently, human isolates of methicillinresistant S. aureus (MRSA) were usually associated with hospital-acquired infections; currently, it became evident that MRSA may also represent a challenge as both community-acquired infections and colonizing zoonotic agent in companion and food producing animals

Garlic has been described as one of the most significant plants of complementary and alternative medicine.

Allicine

H_zC

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CH,

CH,

CH

CH.



Molar mass : 162.27 g mol-1 Density: 1.112 g cm-3

It holds up the highest concentration of sulfur compounds, such as allicin, which are considered responsible for its antimicrobial activity

The mechanism of antibacterial activity of garlic has not been fully elucidated, however, it is assumed that the primary tool of allicin is the blocking of RNA formation.

Ball-and-stick model of the (R)-allicin molecule

Molecular formula C6H10OS2

Antimicrobial efficacy of garlic against *Salmonella* and *Staphylococcus*, including the resistant strains, has been observed by authors around the world, in both *in vitro* and *in vivo*

All these studies reported a concentration/dose-dependent antimicrobial efficacy of garlic compounds, which is in concordance with our results.

Synergistic action of garlic in combination with some antibiotics was observed

Development of resistance to beta-lactam antibiotics was 1000-fold easier than development of resistance to allicin from garlic!



CONCLUSION

Both *S. aureus* and *S. Enteritidis* human isolates from our study proved **susceptible** to the crude garlic extract indicating its therapeutic potential

Average **inhibition zones were slightly higher for** *S. aureus* **isolates**, which also exhibited reciprocal differences in susceptibility levels

Correlation between crude garlic extract **concentrations and diameter of inhibition zones** was observed. Thank you for your attention



